

AUTUMN CARE *West* SOCIAL CALENDAR

APRIL 5 - 11, 2021

APRIL 5TH



MONDAY

- 9:00AM Sit to be Fit**
- 10:15AM Manicures in Activity Room**
- 1:00PM Bingo**
- 2:00PM Aromatherapy with Hand Massages**

APRIL 6TH



TUESDAY

- 9:00AM Moving to Music**
- 10:00AM UNO**
- 1:00PM Bingo**
- 2:00PM Ice Cream Sundaes in the Courtyard**

APRIL 7TH



WEDNESDAY

- 9:00AM Stretch Bands**
- 10:00AM Devotions**
- 1:00PM Bingo**
- 2:00PM Wine Down Wednesday Main Dining Room**

APRIL 8TH



THURSDAY

- 9:00AM Sit to be Fit**
- 10:00AM Ball toss**
- 1:00PM Spring Bingo**
- 2:00PM Spring Craft**

APRIL 9TH



FRIDAY

- 9:00AM Moving to Music**
- 10:00AM Card Games**
- 1:00PM Bingo**
- 2:00PM Color Scape**

APRIL 10TH



SATURDAY

- 9:00AM Chair Exercises**
- 1:00PM Bingo**

APRIL 11TH



SUNDAY

- 10:00AM Blessings on the Lord's Day: Channel 29**
- 1:00PM Bingo**

Breakfast 7:00-9:00

Lunch 11:30-1:00

Dinner 4:30-6:00