

AUTUMN CARE CONNECTS



DO THE FIVE

Help Stop Coronavirus

1. Hands - Wash them often
2. Elbow - Cough into it
3. Face - Don't touch it
4. Feet - Stay more than 3 ft apart
5. Feel - Sick? Stay Home



AUTUMN CARE



WELCOME – NEW RESIDENTS

West

Kent and Jenny Chan

Farragut

Karns

To Your Health: Talk together about the Daily Quarantine Questions:

- What am I grateful for today?
- Who am I checking in on, or connecting with today?
- What expectations of normal am I letting go of today?
- How am I getting outside today?
- How am I moving my body today?
- What beauty am I creating, cultivating, or inviting in today?
- How am I nourishing my spirit today?

Noteworthy:

-We would like to congratulate Carol Huddleston on her promotion to Vice President of Operations for Autumn Care.

-Farragut would like to welcome Lisa Ballard as Administrator in Training.

From the Owners:


During this time of extreme uncertainty, we are praying for our residents, staff, families and friends. The health and well-being of every person is paramount to anything else and our heart goes out to those suffering from this horrible virus. Together we will get through this time and we look forward to celebrating with all of you when that day arrives. In the meantime, stay safe and well and find the silver lining to this situation.


- Peter and Mari Falk

Inspirational Thought of the Month:

"Remember, happiness doesn't depend upon who you are or what you have, it depends solely upon what you think."

— Dale Carnegie

 Facebook: Autumn Care Senior Living Community

 Instagram: @lux_e_assisted_living

Website: www.autumncareassistedliving.com

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Refer us to your friends and receive a \$100 facility credit!

If you have any referrals for Move ins at any of the 3 locations, please contact:

- Brandy Manifold, Community Relations Director: 520-444-2001

If you have any questions regarding our In-Home Services / Sitting Services, please contact:

- Estella Bowers, Executive Assistant: 865-851-6853


Facility Contacts:

For Nursing related questions please call your Director of Nursing:

Farragut – Yvonne Blair, Director of Nursing: 865-201-5507

West – Brandie Knuckles, Director of Nursing: 865-308-7073

Karns – Kayla Webb, Director of Nursing: 865-208-6737

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