

AUTUMN CARE ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Church with Pastor Chris 1:30 Ice Cream Sundae Social 2:00 Movie Matinee	2 10:00 Sit & Be Fit 11:00 Out & About: Mighty Musical Monday at the Tennessee Theater and Lunch	3 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 Corn Hole 3:00 Coffee & Coloring	4 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 Balloon Volleyball 3:00 "Wine" Down	5 10:00 Sit & Be Fit 10:30 Bible Study 1:00 Games/Puzzles 2:00 Out & About: Carolina Pottery	6 9:30 Out & About: Walmart 1:00 Games/Puzzles 2:00 Cooking Club 3:00 Bingo	7 10:00 Sit & Be Fit 2:00 Armchair Traveler: <u>Mexico</u> : Come sample some regional cuisine!
8 9:00 Freedom Church 1:30 Ice Cream Sundae Social 2:00 Sunday Movie Matinee	9 10:00 Sit & Be Fit 10:30 Out & About: Titanic Museum Pigeon Forge and Lunch	10 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 "Paws" Visit 3:00 Balloon Volleyball	11 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 "Wine" Down 3:00 Frank & Jerry	12 10:00 Sit & Be Fit 10:30 Bible Study 1:00 Games/Puzzles 2:00 Out & About: Dollar Tree	13 9:30 Out & About: Kroger 1:00 Games/Puzzles 2:00 Corn Hole 3:00 Bingo	14 10:00 Sit & Be Fit 2:00 Armchair Traveler: <u>Hawaii</u> : Come sample some regional cuisine!
15 9:00 Church with Pastor Chris 1:30 Ice Cream Sundae Social 2:30 Sunday Movie Matinee	16 10:00 Sit & Be Fit 11:00 Lunch Bunch: O'Charley's 2:30 Balloon Volleyball 3:00 Bingo	17 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 Tic Tac Toe Ball 3:00 Terry Collins	18 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 Arts & Crafts 3:00 "Wine" Down	19 10:00 Sit & Be Fit 10:30 Bible Study 1:00 Games/Puzzles 2:00 Out & About: Hobby Lobby	20 9:30 Out & About: Walmart 1:00 Games/Puzzles 2:00 Corn Hole 3:00 Bingo	21 10:00 Sit & Be Fit 2:00 Scrapbooking with Kelly
22 9:00 Freedom Church 1:30 Ice Cream Sundae Social 2:00 Sunday Movie Matinee	23 10:00 Sit & Be Fit 11:00 Lunch Bunch: Rafferty's 2:30 Corn Hole 3:00 Bingo	24 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 Balloon Volleyball 3:00 Arts & Crafts	25 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 "Wine" Down 3:00 Guy Hardin	26 10:00 Sit & Be Fit 10:30 Bible Study 1:00 Games/Puzzles 2:00 Out & About: Dollar Tree	27 9:30 Out & About: Kroger 1:00 Games/Puzzles 2:00 Cooking Club 3:00 Bingo	28 10:00 Sit & Be Fit 2:00 Armchair Traveler: <u>China</u> : Come sample some regional cuisine!
29 2:00 Church with Pastor AD 2:30 Ice Cream Sundae Social	30 10:00 Sit & Be Fit 11:00 Lunch Bunch: Lakeside Tavern 2:30 Corn Hole 3:00 Bingo	31 10:00 Sit & Be Fit 1:00 Games/Puzzles 2:00 Balloon Volleyball 3:00 Kathy Huber				